

## Missing your grandparents?

Family is what keeps us together during these difficult times, and true happiness is seeing your loved ones safe and healthy.

Protect them when you go for a visit:

- Before visiting, confirm that no family members are experiencing COVID-19 symptoms
- Keep your face mask on
- Wash your hands frequently before, during, and after the visit
- Maintain a two meter physical distance (avoid hugging, kissing and shaking hands)
- Avoid sharing any utensils, food, or beverages
- Encourage them to disinfect the surfaces before and after your visit (e.g. wipe down countertops and tables)
- Limit the number of visitors - less is best

**CAUTIOUSLY,  
WE RETURN**

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